

STRETFORD POOL PROGRAMME

Trafford School Term times

Day	Time	Session	Pool
Mon	06:30 – 16:00	Open & Lane Swim	Main Pool
Mon	16:00 – 18:30	Open Swim (shared use)	Main Pool
Mon	20:00 – 22:00	Adults only	Main Pool
Mon	10:30 – 12:00	Baby Splash	Teaching Pool
Mon	18:30 – 19:30	Open Swim	Teaching Pool
Tues	06:30 – 09:00	Open & Lane Swim	Main Pool
Tues	10:30 – 11:30	Ladies Only	Main Pool
Tues	11:30 – 16:00	Open & Lane Swim	Main Pool
Tues	16:00 – 18:00	Open Swim (shared use)	Main Pool
Tues	11:45 – 13:15	Baby Splash	Teaching Pool
Tues	19:30 – 20:30	Ladies Only	Teaching Pool
Wed	06:30 – 16:00	Open & Lane Swim	Main Pool
Wed	17:00 – 18:00	Open Swim (shared use)	Main Pool
Wed	20:00 – 22:00	Adults Only	Main Pool
Wed	11:30 – 12:30	Open Swim	Teaching Pool
Thurs	06:30 – 16:00	Open & Lane Swim	Main Pool
Thurs	18:30 – 19:30	Ladies Only	Main Pool
Thurs	19:30 – 21:00	Adults Only	Main Pool
Thurs	11:50 – 12:45	Ladies Only	Teaching Pool
Thurs	18:30 – 19:30	Open Swim	Teaching Pool
Fri	06:30 – 16:00	Open & Lane Swim	Main Pool
Fri	16:00 – 18:30	Open Swim (shared use)	Main Pool
Fri	11:30 – 13:00	Baby Splash	Teaching Pool
Sat	09:00 – 13:00	Open Swim (shared use)	Main Pool
Sat	13:00 – 14:00	Pool Rocks	Main Pool
Sat	14:00 – 15:30	Open & Lane Swim	Main Pool
Sat	13:00 – 15:30	Open Swim	Teaching Pool
Sun	08:00 – 15:30	Open & Lane Swim	Main Pool
Sun	08:30 – 15:30	Open Swim	Teaching Pool

Please note: On Friday 24th January the main pool will be closed between the hours of 12:30 – 15:00 for a gala. On Saturday 25th January, both pools will be closing at 15:00